Community support groups

Many bereaved parents and families feel that only others who have experienced the death of their son/daughter grandchild/niece/nephew can offer real understanding.

We provide several groups

- 1. Community Support group
- 2. Mens Corner
- 3. Grandparents Social Circle
- 4. Wednesday Drop in

We offer the chance for bereaved families to meet others, gain support and share their experience.

We want to provide an environment where people feel comfortable and share their feelings openly and without judgment,

The groups are friendly and informal. You can sit and share a cup of tea/coffee with other families going through their grief, and be around people who understand the emotions you feel, the support we provide is free of charge and is open to all bereaved parents, their families and friends who need support. No matter how long ago the loss occurred, or how current it is, we are still here to help. Children are all so welcome

All dates are on our website and all our social media







